

Purition: Green Goddess Smoothie Bowl Recipe

Ingredients

- 30g or 3 very heaped teaspoons Purition Pistachio
- ½ an avocado, roughly diced
- ½ a pear, roughly diced
- Handful of spinach or kale, remove stem
- 50g Greek or coconut yoghurt
- 50ml milk or nut milk

Method

1. Add all ingredients to blending cup or jug
2. Blitz until smooth, about 30 seconds should do it
3. Pour into a bowl or serving jar and enjoy straight away!

Tips & swaps

- Top with roughly chopped pistachios or nuts of your choice for extra crunch
- No Purition Pistachio? Try making this with Vanilla, Almond or Coconut instead

